

# The Grapevine

April 2020

The newsletter for Yamhill County Master Gardeners



Oregon State University  
Extension Service  
Yamhill County

## Looking for Funding for a Master Gardener Project??

Then look to OMGA. Our state organization offers 5 different grants, each for a specific purpose, to county chapters. Just fill out a *really simple* grant request and you have a good chance of getting your financing. **BUT REMEMBER...**

**APPLICATIONS MUST BE RECEIVED BY OMGA BY MAY 15TH!!**

**SEE PAGE 2 OF THIS GRAPEVINE FOR DETAILS.**

## Save This Date (hopefully)!

We are *hoping* to have a tour of the Grand Ronde Tribes Native Plant Nursery on May 28th at 11 am. Plan on bringing a brown bag lunch, and beverages will be provided. We will meet in front of the Extension Office at 10:15 am.

You can still earn Master Gardener hours with the large variety of online courses and webinars available. Check out:

### Webinars

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### ~"CORRECTION"~

In the March issue of the *Grapevine*, page 12, a more gracious and accurate caption would be: "Irrigation tubing recently removed by Gene (intentionally) and Donn (inadvertently) from the future rose garden."

### YCMGA COMMITTEE CHAIRPERSONS:

**Community Garden**  
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**Demo Gardens**  
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**Education Outreach**  
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Nancy Woodworth

**Newsletter**  
Donn Callaham

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Gin Galt  
Terry Hart

**Library**  
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**Plant Sale**  
Pat Fritz  
Marilyn MacGregor

**Propagation**  
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Marilyn MacGregor

**Publicity**  
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**Scholarships**  
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**Spring into Garden**  
Carol Parks  
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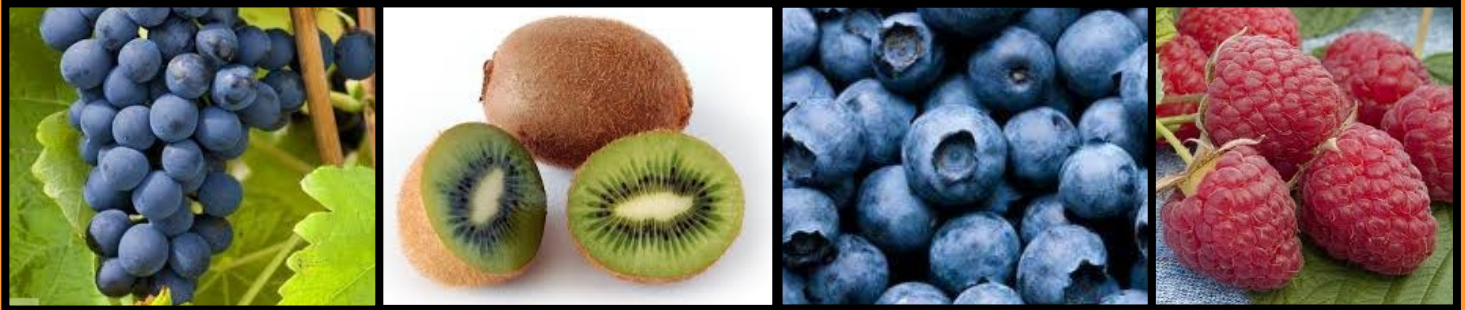
**Sunshine Committee**  
Polly Blum

**Social Media/Website**  
Tom Canales

YCMGA Officers listed on back page

# Pruning and Training of Berries, Kiwifruit and Grapes

## A series of 5 OSU Courses



A series of online pruning modules, developed by Dr. Bernadine Strik, Professor of Horticulture, is now being offered through Professional and Continuing Education at Oregon State University.

The series is designed to provide small farmers and home gardeners with the information needed to prune and train berry crops common to North America, including table grapes, kiwifruit, raspberries, blackberries, and blueberries from establishment through maturity.

The series is offered as self-paced on-demand modules available anytime online. The modules consist of narrated lectures with photos and videos. Each module consists of 4 – 8 lectures totaling 1.25 – 2.5 hours in length. Registration is available for single modules or for the series at a discounted price. For more information on topics covered and cost go to:

[workspace.oregonstate.edu/course/pruning-series?hsLang=en](https://workspace.oregonstate.edu/course/pruning-series?hsLang=en)

If you have questions, contact Work-Space | Professional and Continuing Education: Email: [workspace@oregonstate.edu](mailto:workspace@oregonstate.edu)

## Funding Available for MG's

**NOW IS THE TIME TO APPLY FOR ANY OF THESE GRANTS. COMPLETING THE APPLICATION TAKES ONLY MINUTES, AND MAY PAY OFF MAGNIFICENTLY.**

**KARL CARLSON AWARD:** up to \$250 for any *new* programs or projects. *Due by May 15<sup>th</sup>.*

**SEARCH FOR EXCELLENCE:** : Up to \$500, to augment or improve any of the following: *Due by May 15<sup>th</sup>*

- Youth Programs
- Demonstration Garden(s)
- Workshops
- Community Service
- Innovative Projects
- Programs for Special Audiences
- Research

**MCNEILEN SCHOLARSHIP:** an annual \$1000 scholarship to a deserving full-time undergraduate student majoring in Horticulture at Oregon State University. *Due by June 1<sup>st</sup>.*

**EXTENSION EDUCATION GRANT:** up to \$500 to help OSU Extension Horticulture Agents or Program Assistants enhance their ability to educate the public in home horticulture. This program will donate up to \$4000 annually total (to all chapters). This has very broad applications, and must be approved by Heather. *Due by June 1<sup>st</sup>.*

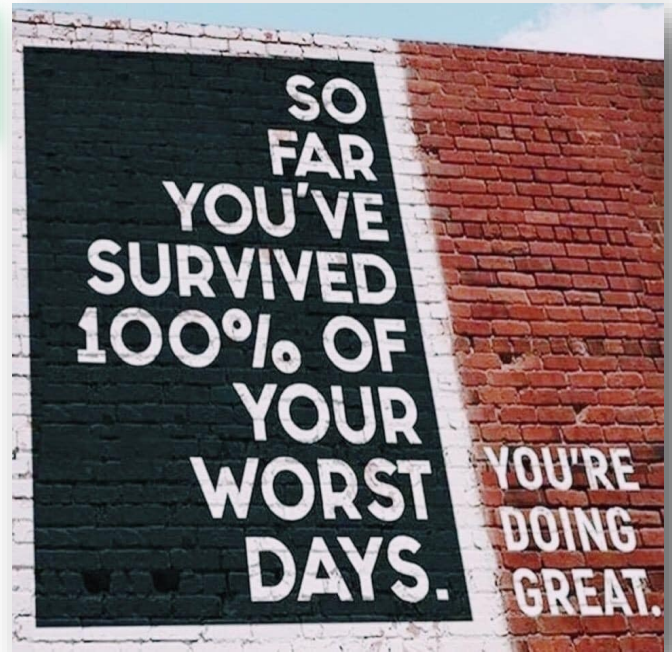
**SEND-A-FRIEND SCHOLARSHIP:** For Master Gardeners unable to attend Mini-college because of finances, \$200 to attend. (*Of course, for 2020 this award may not be relevant*).

<https://omga.org/programs-and-awards/>



## It's Good to Know...

Here is some encouraging news: Since garden centers sell vegetables that are part of the 'food chain', Europeans understand the importance of keeping the option of purchasing vegetable plants open to the public. Garden centers are encouraged and allowed to stay open. In California & Pennsylvania (and now more states) all plant-related businesses are considered "essential." That means that garden centers, greenhouses, farmers' markets, and even seed suppliers are to be kept open during the Covid 19 concerns.



## Heather's Highlights

Hello everyone. I hope you are all doing well. I am missing seeing all of you and hope that this will pass as quickly as possible so we can resume our regular activities within and outside the program. As hopefully you saw in the e-mails Carla forwarded, our Master Gardener activities are suspended until further notice and any large events such as plant sales are suspended until at least May 10<sup>th</sup>, which unfortunately has affected our plant sale.

The **plant sale committee** is discussing their options at this time. We found out Friday that as staff we are required to work remotely, therefore we are working from home until we receive further guidance. We will still be responding to e-mails, and office phone calls related to the program will be forwarded to Carla. I am home with my two small kids; therefore I will be doing my best to keep on top of correspondence.

In the meantime I hope as a group we can remain connected through these challenging times. We have many friendships and special

connections amongst us; let's keep in touch and be creative in our virtual interactions. The **insect committee** is sending videos about insects and common insect committee submissions to the group to keep the group interacting.

**Committee chairs**, if possible please consider ways to interact creatively with your committee: for some committees, this is easier than others, but you might be surprised what you come up with! Some other ideas might be for the **Herbarium Committee** to collect weeds and press them between books at home, **Library Committee** can work on researching new books for the library, etc.

Please contact me if you are doing some of these activities and these can count for **volunteer time** in VRS. I am also trying to get creative for ways you can get hours while spending time in your yards. If you have a plant you would like to identify, weeds that you want to learn more about, an unknown insect or disease, this activity can count for up to 5 volunteer hours if you submit a photo and provide a write-up of information about the plant or management of the issue. These could be used as a plant problem scenario in the future or in the *Grapevine*.

**Another option** could be to send the information filled out like an "intake" which could be forwarded to trainees who could get some hours for solving these problems. If this is of interest to

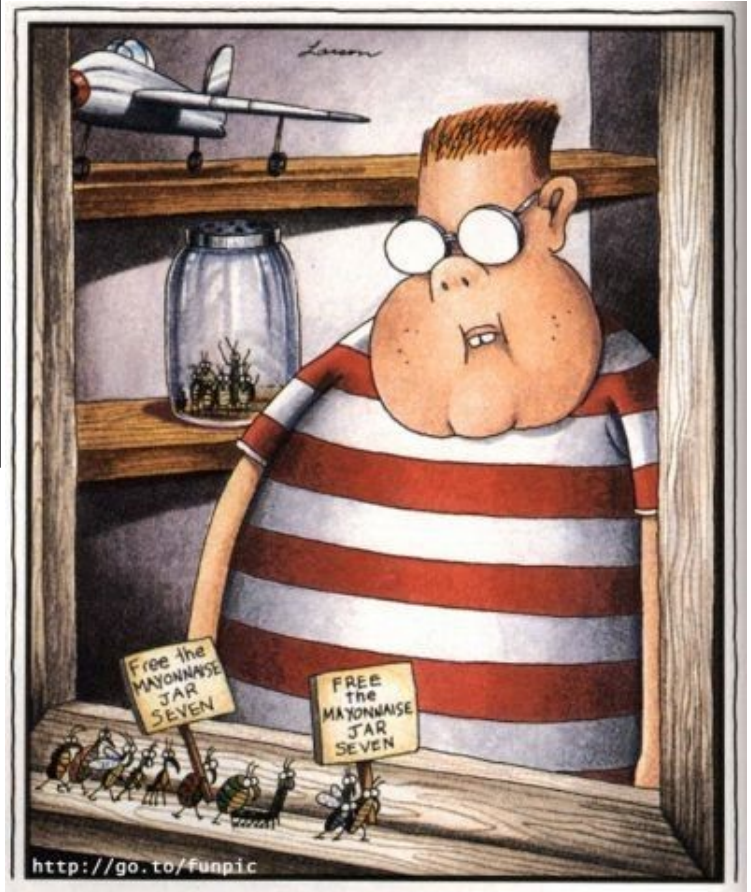
Anna Ashby, Head Gardener for the Allison Inn, hopes to present "Vegetables after September" on Saturday, June 13th from 11 AM to 12:15 PM at the Community Garden.



Cost would be \$5, payable at the event.

Please preregister through the Extension Office for the purpose of printing handouts.

*The best fertilizer is a gardener's shadow.*



### Heather's Highlights (Continued from page 3)

you let me or Carla know and we can help to facilitate this.

I also encourage you to spend some time watching **gardening webinars** or reading gardening **publications** for continuing education hours. Like everyone, I am saddened we needed to cancel Spring into Gardening. However, this was the best decision for us and our participants. Many of our speakers have committed to presenting for us on their topics next year, so although we need to wait awhile, we will be able to hear about those incredible subjects.

In the meantime, I recommend watching some of Brooke Edmund's **recorded webinars**, or the VEGETABLE GARDENING Master Gardener module which is currently available for FREE on Professional and Continuing Education. See the links below for these:

<https://workspace.oregonstate.edu/certificate/master-gardener-short-course-series?hsLang=en>  
<http://blogs.oregonstate.edu/>

[ediblegardens/2020/01/23/2020-osu-extension-master-gardener-webinar-series/](http://ediblegardens/2020/01/23/2020-osu-extension-master-gardener-webinar-series/)

Carla is also working on editing the **Berry Zoom seminar** given by Bernadine Strik during Master Gardener training. If you didn't see her presentation, you will be able to watch the seminar for 3 hours of continuing education. Stay tuned for more info.

Lastly, please **keep gardening!** Whether it is paying special attention to your houseplants or planting seeds for your garden or weeding the landscape, staying active in your yard will provide a reprieve from current events. Also, please check in with one another: we will all be relying on our social interactions and friendships to keep us upbeat and positive. I am always inspired by all of you, your friendships and commitment to the group. We will persevere through this and hopefully be together again soon.

Best to you all,

*Heather*







**“L**uscious Landscaping,” as the author calls it, works well with fruit. Fruit-bearing trees, shrubs and vines become permanent fixtures in the landscape. Their branching patterns, bark, and trunks provide a great backbone for landscaping, and provide dramatic features throughout the seasons. The added benefit is fresh fruit at your fingertips.

Many home gardeners are now including fruit trees in our front yards and along driveways or alleys, and adding containers on porches and patios. This book is a great starting point to explore many suggestions for “*which fruit where.*” The “where” part comes in not only when considering landscape design, but also with optimal growing conditions.

More about “luscious landscaping” is on page 30, with fruiting trees, shrubs and vines as all a part of a broader system of ecological design known as “permaculture.” Nature is the template for permaculture, providing a cycle for sustainability. This includes shade, food and habitat. Several pages are dedicated to proper planting practices, understanding hardiness zone maps, and general growing recommendations.

The section titled “Home Landscape Plans” (page 61) draws five scenarios. But, the author goes on to stress that “After reading over the plans, use the table on page 75 to find selections suitable for your specific region, and have fun designing your very own edible yard.” A table called “*The Handy Chart*” is one of my favorites. “*An Overview of Luscious Landscape Plants*” lists over 30 fruits and their varieties including common name; Latin name; yield; USDA hardiness zone; AHS heat zone; pollination needs; landscape uses; and prominent ornamental qualities.

The next section gives a detailed description of



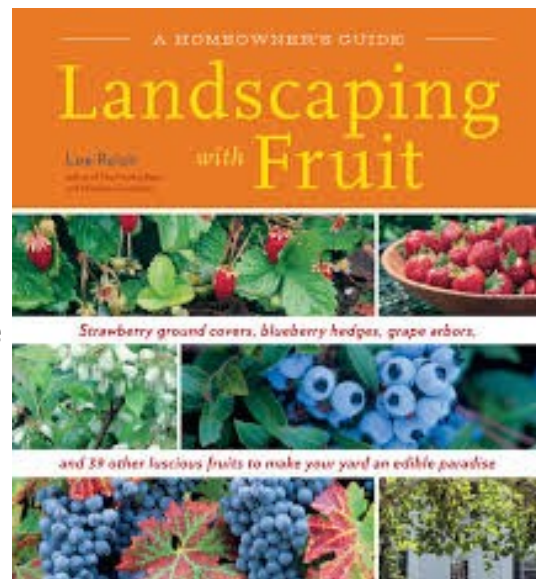
each fruit with excellent photos. More details include growing tips, harvesting, storage and uses, and seasons providing visual interest. Each profile also has a “*Luscious Landscape Index*” rating of 1 through 3, which provides insight into landscape uses and individual care advice.

For instance, kiwifruit gets a “2”. “*Landscape foliage all summer long, decorative woody trunk, no serious pest problems, delicious fruits. Does demand multiple prunings every year.*” Also listed are four important species of kiwifruit:

Golden, Hardy, Super-hardy, and just plain kiwifruit. All are able to grow in our hardiness zone of 8, except for the Super-hardy (zone 3-7)!

Some of the less-usual fruits explored are currant, huckleberry, maypop, mulberry, pawpaw, shipova, and quince. Plus, this book will tell you if you need pairs to pollinate.

Interested in reading more on this topic? This book is in the “*Fruits, Nuts and Berries*” section in our Master Gardener Library. Another book in this section by the same author is [Uncommon Fruits for Every Garden](#).



## THERAPY GARDENS HEAL

A therapy garden is a plant-dominated environment designed to facilitate patient healing via interaction with nature. The healing value (both physical and emotional) of viewing and being among plants has long been acknowledged, but it is only in the last two decades that many (but certainly not all) hospitals are incorporating these gardens into their wellness programs.



Garden at Legacy Emmanuel cardiac unit

The primary goal of these gardens is to help patients recuperate, but they are now also designed to encourage families, hospital employees, and the general public to use them. In addition to being accessible to physically-impaired individuals, they have abundant areas for sitting surrounded by plants, and tucked-away sitting areas for small groups (such as families) to congregate. Simple patterns of paths and workplaces are featured; open and paved areas fill the majority of the area, but are designed to blend into and be hidden by the plantings. There is always plenty of open space, and shaded spots are abundant.

Therapy gardens are intensive outdoor environments designed around spaces and places for restoration, horticulture education, therapy, and social exchange. Well-designed gardens stimulate the full range of senses including memory, hearing, touch, smell and sometimes taste in addition to the visual experience. There are even scheduled activities and special events to bring people to the gardens. Familiar plant species are there to give a sense of familiarity to visitors, plus there is great variety beyond those

species to make the garden engaging.

Physicians make use of the gardens and will even prescribe garden time for their patients. The act of getting outside can improve patient strength and endurance: moreover, the gardens serve as a desired destination, providing patients with the motivation to move, engage and get back to good health.

Recently, research was done at Legacy Emanuel Medical Center in Portland, studying the impact of burnout on nurses. One set of nurses took all their breaks indoors; the other set took one daily break outdoors in the hospital garden. After 6 weeks, there was a clear improvement in burnout-related symptoms among the nurses who were taking some outdoor breaks. So the employees themselves benefit, while the patients benefit from the nurses' improvement in mental health.

Note that in these photos of exemplary therapy gardens, many of the patient rooms have a view onto the gardens, benefiting even those patients who are confined to their rooms.

<https://www.ahta.org/horticultural-therapy>



Childrens' Hospital multi-story gardens in Austin, Texas



Donn  
Callaham



## PESKY PROFILES

By Heather Stoven



### Ceanothus stem gall moth found

While making my final visit for a while to the Extension office (*deep sigh*) I noticed our usually lovely California lilac were not looking so healthy this year. Upon closer inspection, the stems below the flower buds were enlarged into galls and the flower buds are not developing normally.

Upon taking the gall into the office and opening it I was able to find a caterpillar inside, the *Ceanothus stem gall moth* (*Periploca ceanothiella*). This caterpillar will develop into a moth (brown to gray with a 2/5" wingspan) inside the gall, emerge in the spring, mate then find more blooms and buds on which to lay their eggs.

The new generation of larvae will chew their way into buds and feed there until the next spring. As a result of the caterpillar feeding, some branches with severe infestations can experience dieback and blooms are reduced.

In order to manage this pest the galls can be cut

off or a less susceptible cultivar can be planted.

<http://ipm.ucanr.edu/PMG/GARDEN/PLANTS/INVERT/ceanothusgallmth.html> [http://oregonstate.edu/dept/nurspest/Ceanothus\\_stem\\_gall\\_moth.htm](http://oregonstate.edu/dept/nurspest/Ceanothus_stem_gall_moth.htm)



## THERAPY GARDENS



Khoo Teck Puat Hospital in Singapore



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## *The Grapevine*

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**GENERAL MEETINGS OF THE YAMHILL COUNTY MASTER GARDENERS™ ASSOCIATION ARE ANNOUNCED IN THIS NEWSLETTER AND ARE OPEN TO THE PUBLIC.**

**CONTRIBUTORS VARY BY MONTHLY EDITION.**

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<http://extension.oregonstate.edu/yamhill/>

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